

Abernethy Adventure Weekend



Dear parent/carer,

We would like to offer our S1 pupils the opportunity to participate in a residential adventure weekend at the Nethybridge outdoor centre situated with the Cairngorm National Park.

In addition to experiencing an exciting range of outdoor activities our pupils would also develop skills such as teamwork, communication, leadership, problem solving and many more.

Dates

Friday 17th May to Sunday 19th May 2019

Costs

Total Cost: £90

(including a £30 deposit payable by Friday 15th March)

Meals

Breakfast, lunch, dinner and supper are all inclusive

Accommodation

20 pupils sharing multi-bedded rooms in chalets

Activities

Possible activities (to be confirmed) may include:

Abseiling

Archery

Assault Course

Bushcraft

Challenge Activities

Climbing & Bouldering

Climbing Wall

Coasteering

Crate Climbing

Dry Slope Skiing

Forest Adventure

Gorge Adventure

High Ropes Course

Hill Walking

Jacob's Ladder

Kayaking

King Swing

Mountain Biking

Open Canoeing

Orienteering

Raft Building

Ropes Adventure Course

Sailing

Sea Kayaking

Team Building

Tree Climbing

Tree Top Trail

Weasling

Windsurfing

Zip Wire



Transport & Staffing

Pupils will be travelling by school people carriers plus one staff car and will be accompanied by three members of staff.

Clothing

A kit list will be provided to participants following receipt of confirmation slip.

For additional information please contact:

Michael Aitchison

Head Teacher

01349 852362

michael.aitchison@highland.gov.uk

To ensure that we credit any payments to you please ensure that you enter ABERNETHY PUPIL NAME in the reference section of the on-line payment.

E.g. ABERNETHY JOE BLOGGS

We will be unable to identify payments made without a clear reference to ABERNETHY and your son/ daughter's name.

School Account details:

Royal Bank of Scotland	Name of account:	Invergordon Academy School Fund
High Street	Sort Code:	83-23-08
Alness	Account number:	00180681